UNICEF Gaza humanitarian cash transfer monthly bulletin – January 2026



Nedal - © UNICEF-SoP/2025/Eyad el Baba

KEY FINDINGS

- Between August and December 2025, there have been substantial improvements in market conditions – both in terms of goods availability and prices. In January 2026 overall price levels decreased further, while some more variation has been detected compared to previous months. Markets are active and functional, however price volatility persists as well as availability and price issues for specific items. Many vulnerable families who have lost their home, belongings and often their source of revenue continue to struggle to buy food and non-food items from the markets.
- Post-distribution surveys with recipients of UNICEF's cash assistance confirm that these families are vulnerable and extremely dependent on cash assistance (for 67% this is the single greatest source of support for the family). For this reason, UNICEF adopts a multi-transfer approach – and almost 90,000 people in 14,500 families have been reached in the last month alone**.**
- Preference for cash as assistance modality is at its highest point since a year ago (95% prefer it over in-kind or vouchers), and satisfaction with UNICEF's cash programme is also at its highest (91% satisfied or very satisfied).
- Food remains the largest expenditure category, but by now six non-food categories are mentioned by more than 60% of the respondents: energy, hygiene, health, baby needs, transportation, clothing. This clearly shows the multidimensional and cross-sectoral impact of cash assistance. Average expenditure tends to be quite spread out over categories, while expenditures on food still amount to about 40% of total monthly expenditures on average.
- Family needs are unique and change over time: less frequent necessities can still imply significant costs. This is the case with clothing and footwear, shelter items, and rent for shelter (paying for rent can be linked to individual vulnerabilities and related need for private space).
- A very large share of food expenditures is for fruits and vegetables (37% of food expenditures). Other large food expenditure categories are meat/flesh foods (20%), dairy products (11%), eggs (6%), all complemented by staples such as grains, roots and tubers (19%). The mirror image of this is that when respondents were able to feed their children with fruits, vegetables, dairy, or eggs in the previous day, these were generally purchased on the market (not received it in-kind). The same holds for meat, but with a significant share of respondents also mentioning soup kitchens as a source.

This humanitarian cash transfer programme and the monitoring in the Gaza Strip have been made possible with generous support from the European Union Humanitarian Aid (ECHO) and the people and Governments of Canada, Croatia, Norway, Sweden, Switzerland, the United Kingdom.

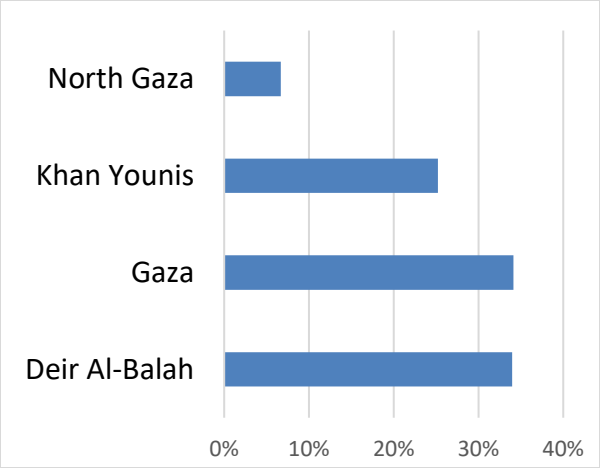
Waffa, 31 years-old, mother of three children

"When we were displaced from East Khan Younis, my son Nedal told me he wanted to go back home to collect firewood. I begged him not to go, but he went anyway. He was shot in the head. He lost a large part of his scalp, and now he struggles to speak. We live close to the sea. In winter, the cold is unbearable. At night, my son wakes up crying and asks me to warm him, but the cold is extreme. One night, our tent was blown into the sea. Our blankets and mattresses were lost, and we slept on the street. The assistance I received from UNICEF is the only support we depend on. I used it to buy a phone, to pay for transportation to hospitals and to buy food and fruit because he needs proper nutrition. We recently received another round of cash assistance, and I will use it to buy blankets and food.

Operational background

Between January 17 and 22, 2026, UNICEF collected data across the Gaza Strip through market visits (n = 30) and vendors interviews (n = 238), in collaboration with Arab World for Research and Development (AWRAD) – organization that also supported this analysis.

Over the same period a phone-based Post-Distribution Monitoring (PDM) survey was conducted with recipients of the cash assistance programme. 762 households who had received their digital cash assistance in the previous weeks completed the survey (79% response rate). The sample was selected from families that were registered into the UNICEF cash programme because one of their children was treated for malnutrition. The distribution of respondents is as follows: 34% in the Middle Area, 34% in Gaza, and 25% in Khan Younis, and 7% in North Gaza.



Jan 2026

46
Operational Markets

3
Partially Operational

24
Not Operational

73
Unique Markets Monitored to Date



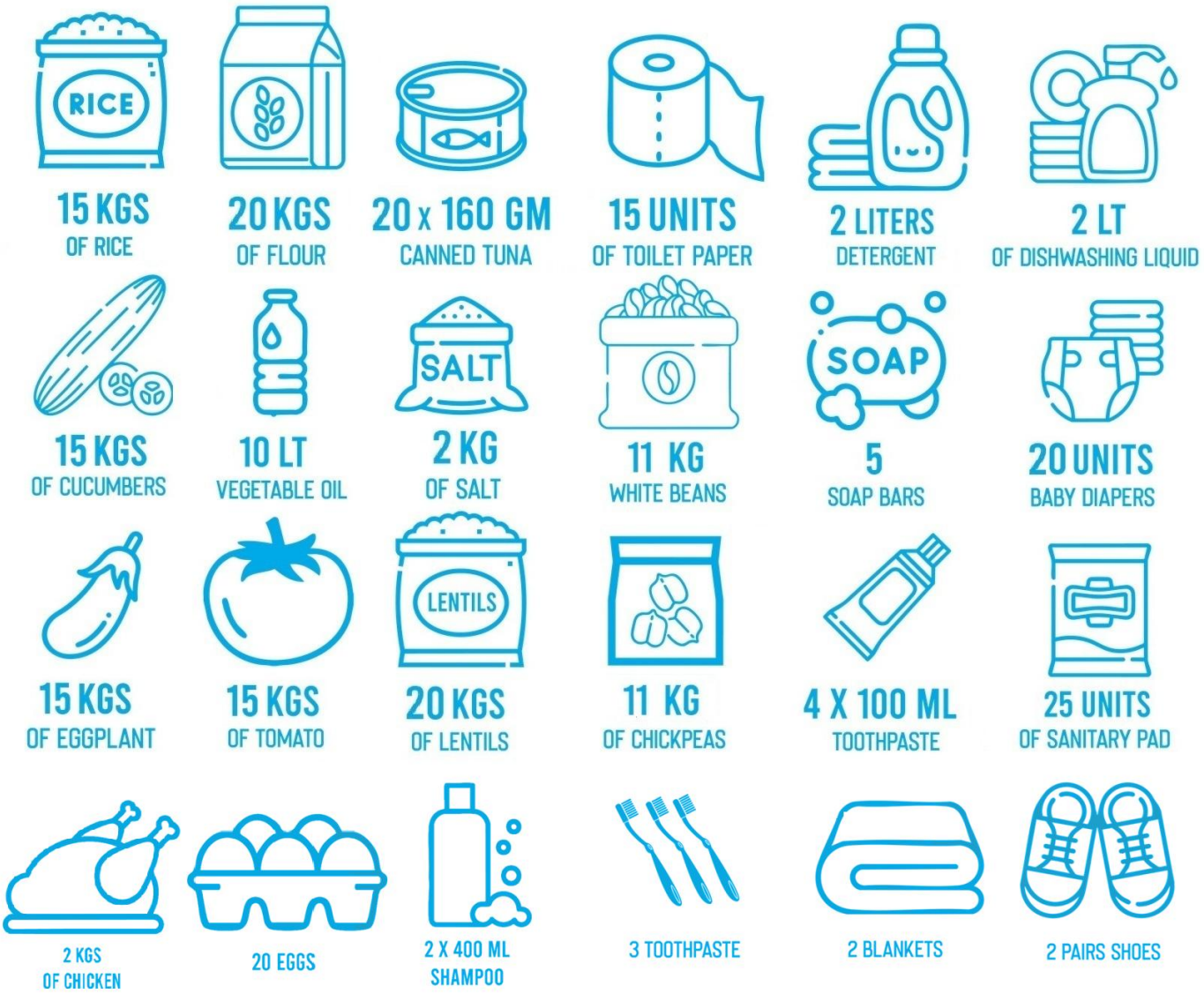
The figure on the right shows a full mapping of markets across the Gaza Strip on January 17, 2026. For the first time in months, no change in the number of active markets was detected compared to December 2025. Across the Gaza Strip, 36% of assessed vendors operated from permanent shops in physical structures, while 27% operated from tent-covered static informal stalls. Governorate-level patterns show notable variation: Deir al-Balah recorded the highest share of permanent shops (61%), followed by Gaza City (44%). In contrast, Khan Younis was predominantly characterized by tent-covered static informal stalls (58%), while North Gaza exhibited a mixed vendor profile, with open informal stalls (31%) and moving street vendors (23%) representing a significant share of market activity.

Availability and prices

Between August and December 2025, there have been drastic improvements in market conditions – both in terms of goods availability and prices. In January 2026, while overall price level still decreased – and the price of specific goods did so significantly – more variation in trends has been detected compared to previous months. From a geographic perspective, in Deir Al Balah the trend is still clearly and significantly positive for almost all goods, while in Khan Younis the picture is more mixed. Looking at specific goods, there are some that have experienced an overall price increase – the price of rice for instance has increased in all areas except Deir Al Balah. For vegetables and fruits, the increases in prices are partially explained by seasonality. Compared to the February 2025 ceasefire period, many essential goods are now cheaper.

In January, **North Gaza Governorate** experienced overall stable market operations, availability of vegetables, animal products, and nonfood items. Potatoes decreased to 4 ILS/kg compared to 5 ILS/kg in December 2025, and meat prices improved, with beef falling to 40 ILS/kg compared to 55 ILS/kg while tomatoes rose to 13 ILS/kg compared to 10 ILS/kg, showing mixed movement compared to December. Lentils and rice prices experienced a spike (to 6.5 ILS/kg and 6 ILS/KG respectively), although it is important to highlight that rice price remains significantly lower than pre-conflict prices. Non-food items' prices such as toilet paper held steady at 2 ILS, and bar soap reduced to 3 ILS.

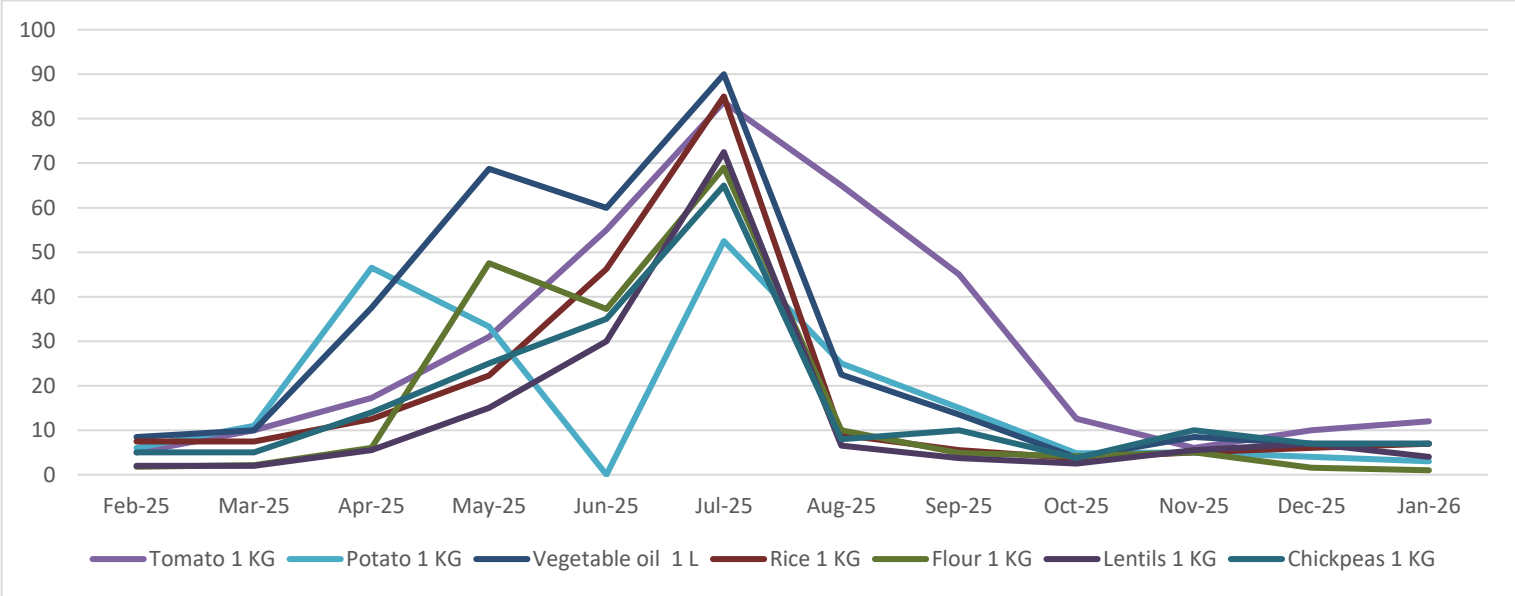
Example of a basket of combined goods that could be purchased with a multi-purpose cash transfer (1250 ILS es per revised Cash Working Group standard) - in Deir Al Balah



Compared with the February 2025 ceasefire period, many items are now more affordable. Potatoes remain cheaper than earlier levels, and eggplants and several hygiene items have also declined since February. Tomatoes remain one of the few items priced above the February baseline, continuing their upward trend – which is likely to still partially be due to seasonality.

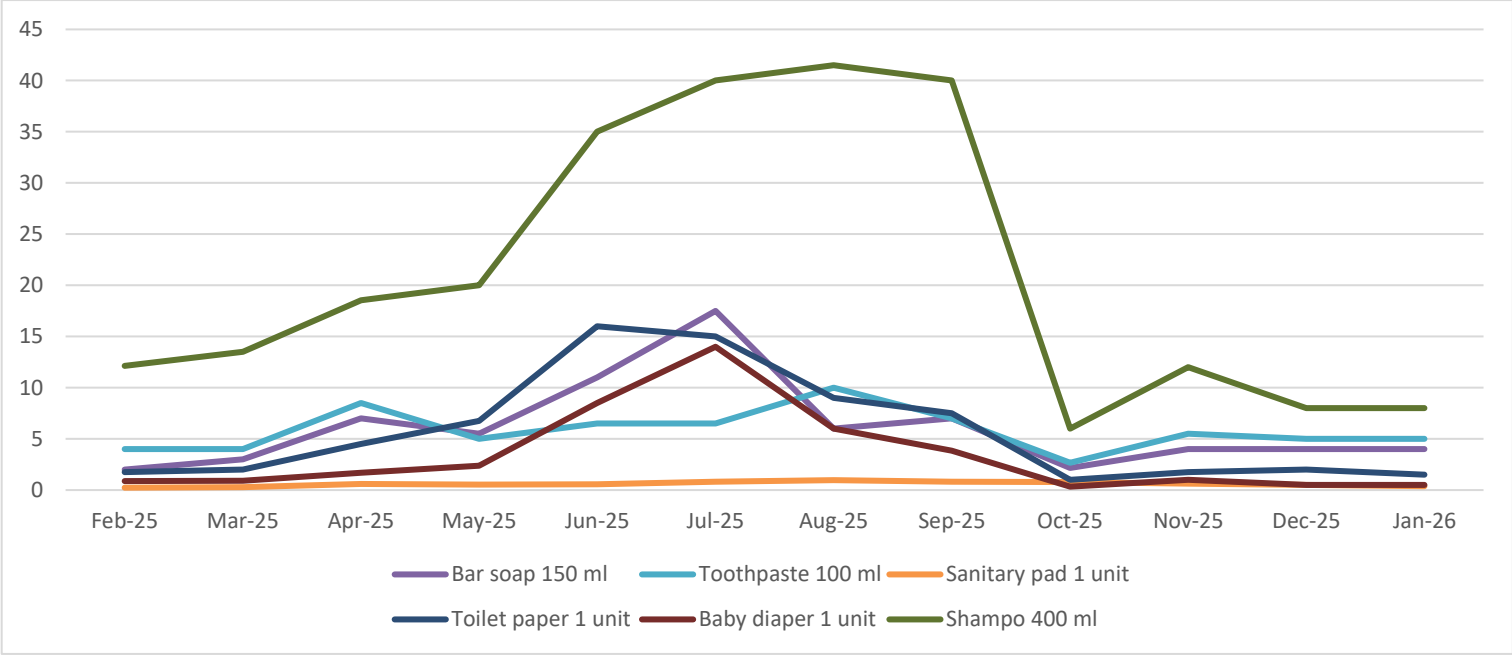
In the **Gaza Governorate**, in January 2026 food and non-food goods remained widely available. Potatoes' price dropped to 3 ILS/kg from 4 ILS/kg, while tomatoes' rose to 12 ILS/kg compared to 10 ILS/kg in December. Beef price decreased to 40 ILS/kg from 55 ILS/kg a month earlier. Overall, most essentials showed either stability or decrease compared to the previous month.

Figure 1: Selected Food Items Average Prices in North Gaza and Gaza Governorate (ILS)



In comparison to February 2025, several items are now noticeably cheaper. Potatoes and onions prices are both below their February 2025 levels. A few items, such as tomatoes and selected hygiene products, remain above their February prices but are still widely available and generally affordable.

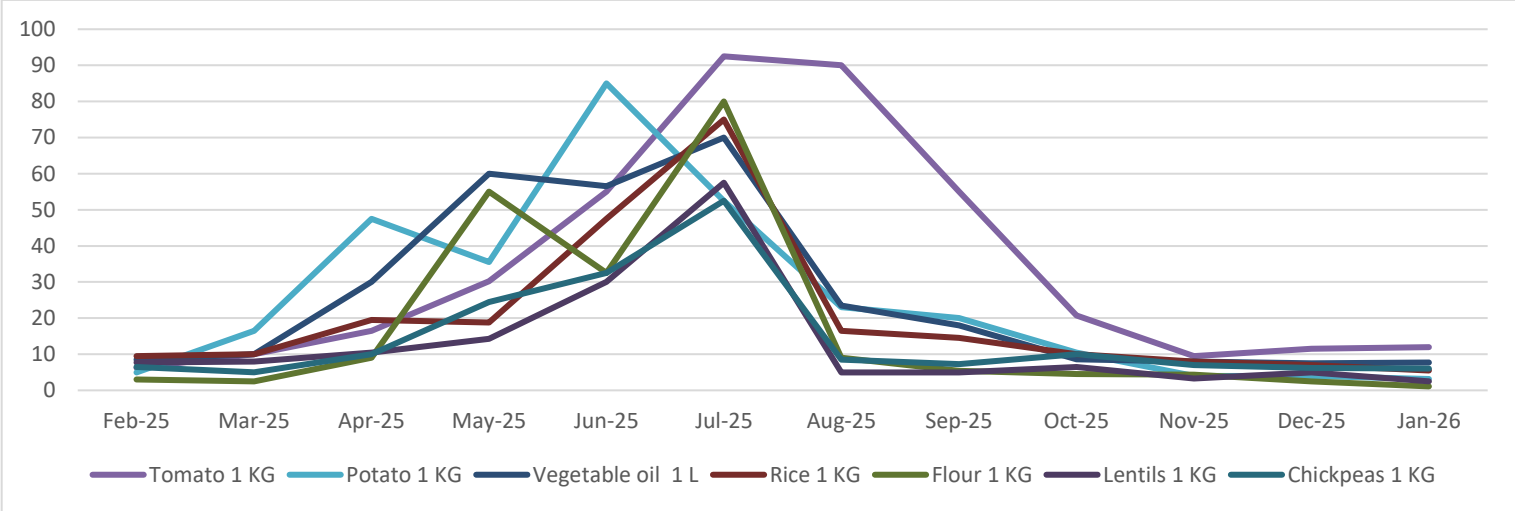
Figure 2: Selected non-food Items Average Prices in North Gaza and Gaza Governorate (ILS)



Deir Al-Balah is the governorate which has experienced the strongest further improvement in market conditions in January 2026**.** The availability of fresh produce and animal products remained high. Potatoes' prices decreased to 3 ILS/kg compared to 4 ILS/kg in December 2025, eggplants fell to 6 ILS/kg compared to 7 ILS/kg, and onions saw a slight rise to 4 ILS/kg compared to 4 ILS/kg in December. Non-food items such as bar soap decreased to around 3 ILS compared to 3 ILS in December. Most essential goods showed steady or improved pricing, with only a few items experiencing slight increases.

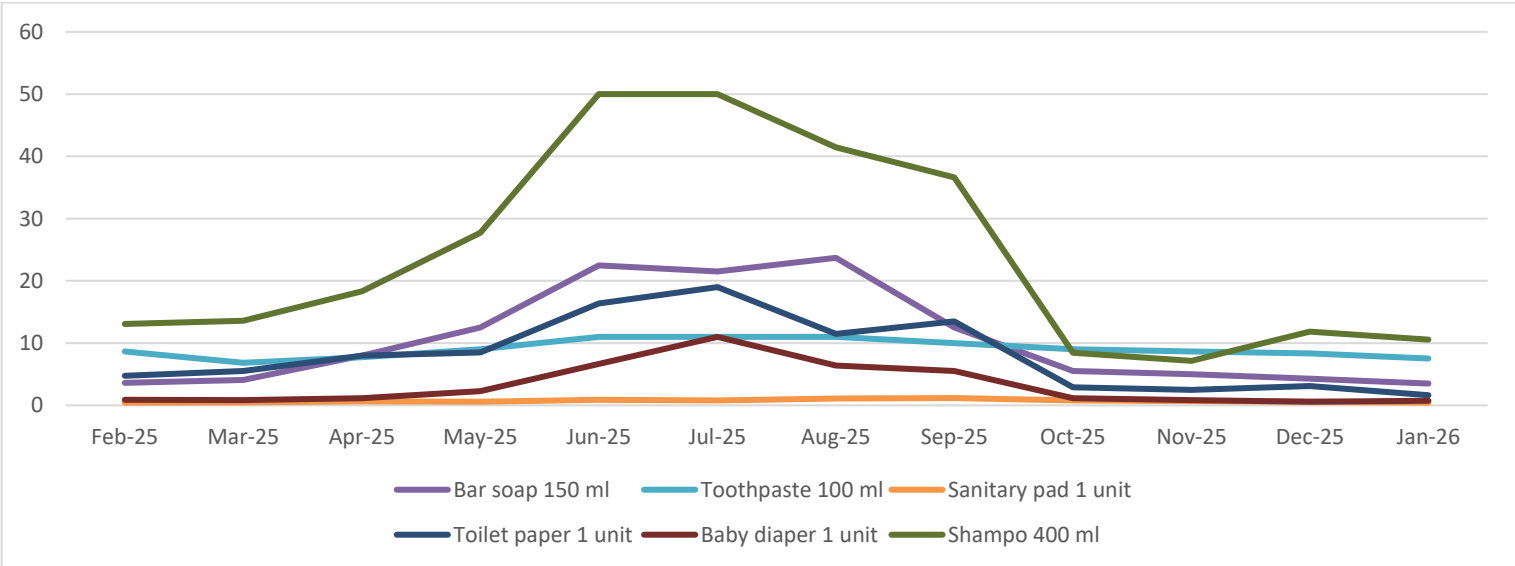
In Deir Al-Balah market conditions are better now than in February 2025. Potatoes, flour, beans, and toilet paper all remain significantly cheaper than during the first ceasefire in February 2025. Only a few goods, such as sugar or baby diapers, have higher prices than in February 2026.

Figure 3: Selected Food Items Average Prices in Deir A; Balah and Khan Younis Governorate (ILS)



Khan Younis is probably the governorate in which the improvement in market conditions between December 2025 and January 2026 has been less clearcut. Flour price dropped sharply to 1 ILS/kg compared to 3 ILS/kg in December, potatoes prices were stable at about 3 ILS/kg, also chicken and beef became cheaper, and a broad range of non-food essentials experienced important price decreases – for instance toilet paper dropped to 2 ILS/unit compared to 1 ILS/unit. However, some other goods experienced non-negligible price increases: for instance yogurt, milk, salt and sugar, and rice (also in this case rice had a very low baseline in December). Despite this variation, the overall trend in market conditions remains positive also in Khan Younis.

Figure 4: Selected Non-Food Items Average Prices in Deir A; Balah and Khan Younis Governorate (ILS)



The detailed price data can be found in Annex 2.

Utilization and impact of cash assistance

Households monthly spending

As part of the Post-Distribution Monitoring survey with recipients of cash assistance, surveyors were trained to discuss in detail household monthly expenditures – to better understand how markets are leveraged to address specific needs and allow triangulation with results on nutrition indicators, on channels of access to nutritious foods, and on sources of income and assistance.

The following table shows how frequently respondents said they spent on a given category, but also the average expenditure on that category for those who selected it. While food remains by far the largest category – as everyone spent money on it and the average monthly expenditure was 751 ILS – by now we have 7 categories mentioned by more than 60% of the respondents: food, energy, hygiene, health, baby needs, transportation, clothing. This clearly shows the multidimensional impact of cash assistance.

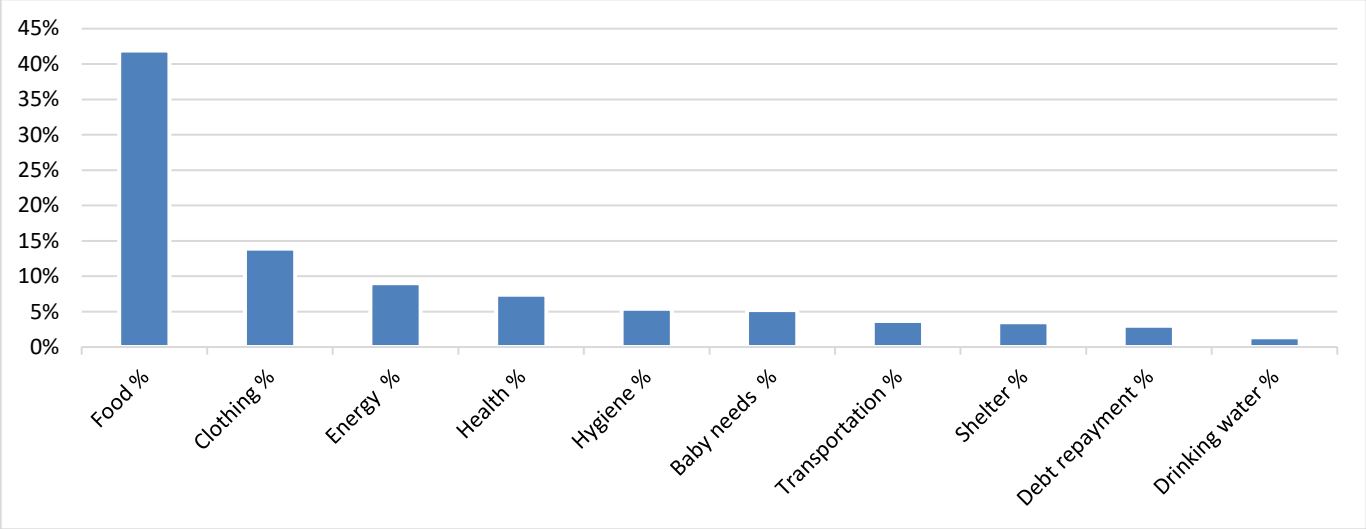
Another important result is about uniqueness of family needs: in a given month an expenditure category might be relevant only for some families but imply significant costs. This is for instance the case with clothing and footwear, shelter items, and rent for shelter – this latter can be linked to individual vulnerabilities and need for private space. In other words, needs differ between families and for the same family might variate over time.

Table 1: Overall Expenditure (means) in the Past 30 Days by Category

Category	Mean ILS for those who selected the category	% selected the category
Food	751	100%
Energy (Gasoline, Diesel, Cooking gas, Coal, Firewood, Candles, Matches)	218	76%
Hygiene (soap, sanitary pads, shampoo, toothbrushes and toothpaste)	128	75%
Health/ Medical (e.g., medicines, medical expenses)	186	72%
Baby needs (baby diapers, baby wipes, baby ointment, baby formula etc.)	133	68%
Transportation	113	67%
Clothing and Footwear (Clothing, Shoes, Slippers)	424	63%
Communication (Prepaid recharge credits, Internet card)	54	46%
Drinking water delivered by truck	88	30%
Shelter (Tarps, tents, nylon, bedding, blankets)	278	26%
Debt repayment	431	15%
WASH items (non-drinking water, chlorine, water containers, Jerry cans, buckets)	96	8%
Cash-out commission / Withdrawal fee	176	7%
Rent / Paying for shelter	503	6%
Bottled water	82	5%
Other:	300	4%

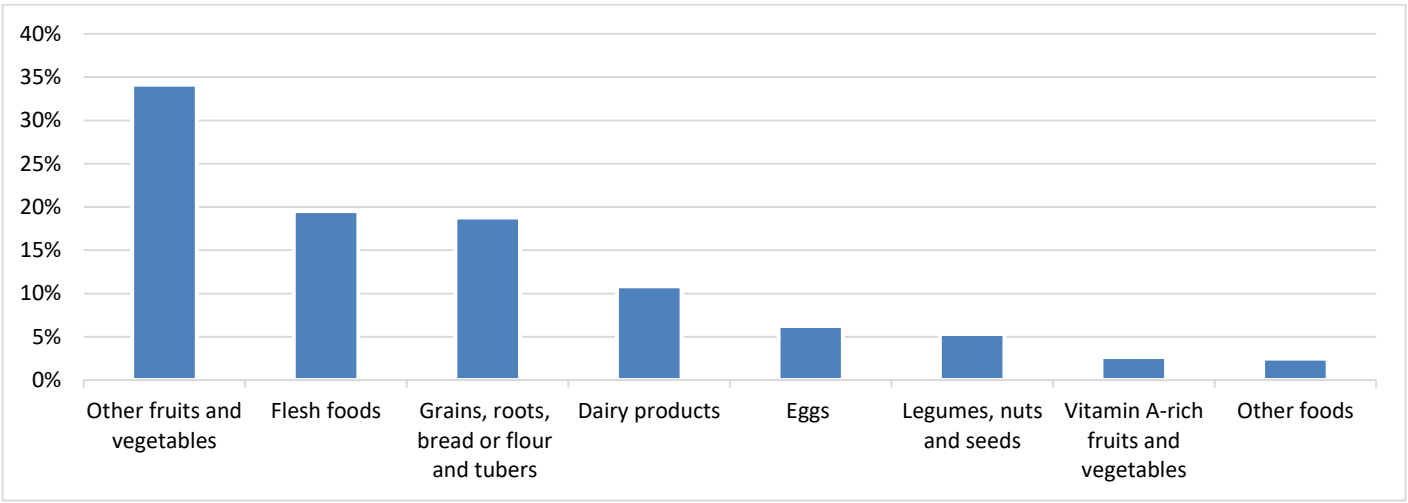
Another related result is that in the aggregate, average expenditures tend to be quite spread out over categories: expenditures on food are on average about 40% of total monthly expenditures (although also some of debt repayment is likely food-related), but as to the other expenditures (non-food-related), only clothing is above 10% of total monthly expenditures (a result linked to the challenging winter weather).

Figure 5: Share of monthly expenditures by category (top 10)



Unpacking food-related expenditures shows that a very large share goes towards the purchase of fruits and vegetables. Other large food expenditure categories are meat/flesh foods, dairy products, eggs, complemented by staples such as grains, roots and tubers.

Figure 6: Share of monthly expenditure on food, by type



This result triangulates well with source of dietary diversity.

Food Sources

Following the assessment of food consumption, respondents were asked to report the source of each food item consumed by the child. The results below present the distribution of food sources by food group, reflecting how different types of foods consumed by children are accessed. Overall, purchasing from the market was the primary source for most food groups, particularly dairy products (93%), eggs (97%), and other fruits and vegetables (89%). Grains, roots, bread, and tubers were mainly purchased from the market (64%), but also showed a substantial contribution from humanitarian assistance, with 19% received cooked and 14% received uncooked.

For legumes, nuts, and seeds, reliance on assistance sources was more pronounced, with 38% received cooked and 33% received uncooked, compared to 27% purchased from the market. Similarly, flesh foods were sourced through a combination of market purchases (57%) and cooked assistance (31%), indicating partial reliance on external support for higher-cost food items. Vitamin A–rich fruits and vegetables were primarily purchased from the market (56%), while a notable share was obtained through cooked assistance (27%), suggesting that these foods are often accessed through prepared meals rather than direct purchase.

Overall, the findings indicate that while market purchases remain the dominant source of food, humanitarian assistance particularly cooked meals plays a critical role in enabling access to specific food groups, especially legumes and flesh foods.

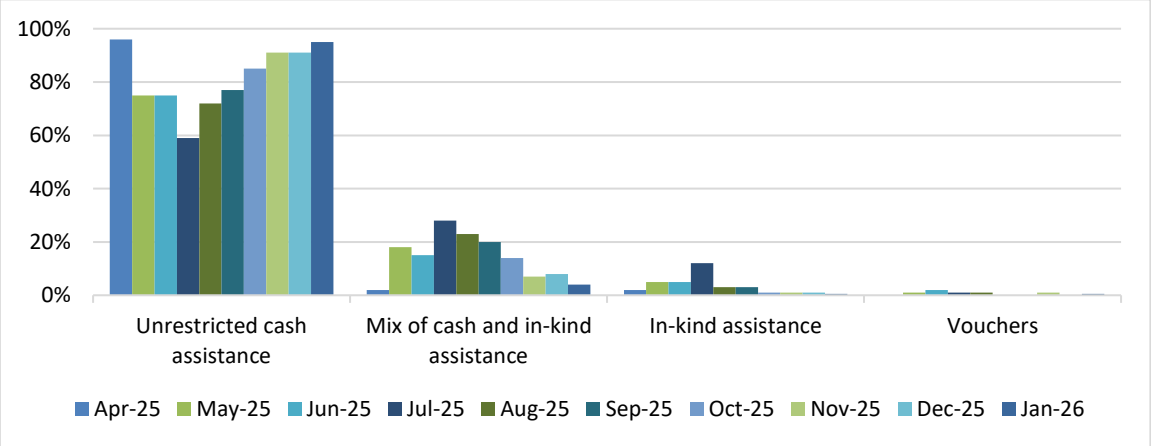
Table 2: Sources of food consumed by the youngest child (6–59 months) during the previous day

Food Group	Dairy products	Eggs	Flesh foods	Other fruits and vegetables	Vitamin A-rich fruits and vegetables	Grains, roots, bread or flour and tubers	Legumes, nuts and seeds
Purchased on the market	93%	97%	57%	89%	56%	64%	27%
Received/donation cooked (NGO, charities)	1%	0%	31%	2%	27%	19%	38%
Received/donation uncooked (NGO, charities)	3%	0%	4%	2%	0%	14%	33%
Gift from friends cooked	1%	2%	8%	1%	8%	2%	2%
Gift from friends uncooked	1%	1%	1%	5%	0%	0%	0%
Own production/gathered	0%	0%	0%	0%	8%	1.40%	0%

Assistance modality

Unrestricted cash assistance is by far the preferred modality of assistance according to the respondents (95%) over in-kind assistance (0.5%) or some mix of the two modalities (4%).

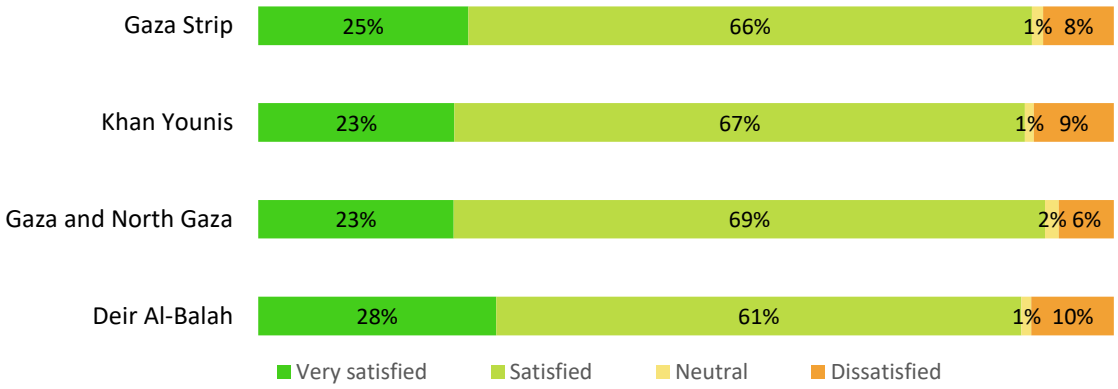
Figure 7: Preferred Assistance Modality



Satisfaction with the process of receiving cash assistance

Overall satisfaction with UNICEF's cash assistance increased further and is also at its highest since a year. Across the territory, 66% of beneficiaries reported being satisfied and 25% very satisfied: more than 9 in 10 respondents expressed a positive perception of the programme.

Figure 8: Satisfaction with the process of digital cash assistance



Other sources of income and support

In the PDM survey, recipients of cash assistance were asked to list the three biggest sources of income or support for their family. Once again, the findings confirm the centrality of cash assistance for the families that are part of UNICEF's cash assistance programme: 67 percent of households mentioned it as the single biggest source of support, followed by 25 percent as a second mention and 7 percent as a third source. Also in this data collection round, work-related income generation opportunities are limited and marginal for the surveyed group.

Table 3: Top 3 sources of support for the family

Source of Income	1st Mention (%)	2nd Mention (%)	3rd Mention (%)
Cash assistance	**67%**	**25%**	7%
Casual or daily labor (short-term, for a few days or even one day)	9%	7%	2%
Cooked meals provided by soup kitchens or institutions	6%	**18%**	**27%**
Salaried work (regular job)	4%	1%	0%
Debt from family and friends (to be paid back without interests)	4%	**11%**	**11%**
Support from family and friends (no need to pay back – not including remittances from outside the Strip)	4%	5%	4%
Income from Own Business or Production Activities	2%	0%	0%
In-kind assistance from humanitarian organizations (food, non-food items, or other physical goods)	2%	**29%**	**28%**
Charitable donations from community members (not including humanitarian assistance)	1%	3%	3%
Remittances from family/friends outside the Strip	1%	1%	0%

Annex 1: Respondents demographics

The profile of sampled beneficiaries per governorate is shown in Table 4. The female respondents made 84 % of the sample while the male respondents made 12 % as shown in

Governorate	No of beneficiaries	%
Gaza and North Gaza	311	41%
Deir Al-Balah	259	34%
Khan Younis	192	25%

Table 55, with variation across governorates.

Table 4 Distribution of beneficiaries per governorate

Governorate	No of beneficiaries	%
Gaza and North Gaza	311	41%
Deir Al-Balah	259	34%
Khan Younis	192	25%

Table 5 Distribution of beneficiaries by gender across governorates

Sex of beneficiary	Deir Al-Balah	Gaza and North Gaza	Khan Younis	Total
Female	82%	86%	82%	84%
Male	18%	14%	18%	16%
Total	259	311	192	762

As presented in Table 7, the median household size across the Gaza Strip was five members, consisting of two adults and three children, with no variation observed across governorates. Households are living together in groups averaging seven people in the same dwelling, reflecting shared living arrangements among displaced families.

Table 7 Beneficiary Household Breakdown (Median)

Attribute	Gaza Strip	Gaza and North Gaza	Deir Al-Balah	Khan Younis
People are living with you in the same dwelling	7	7	6	7
Household size	5	5	5	5
Number of adults 18 and over	2	2	2	2
Number of children under 18	3	3	3	3
Number of children under 6 (up to 59 months)	2	2	2	2
Number of children over 24 months and less than 60 months (24–59 months)	1	1	1	1

Annex 2: Prices

North Gaza Governorate												
Items	UNIT	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25	Dec-25	Jan-26	% Change: Feb 2025 and Jan 2026	% Change: Dec 2025 and Jan 2026
		Median Prices in ILS									Percentage %	
Vegetable basket												
Onion	1 KG	6.0	11.0	28.0	60.0	Unav	160.0	100.0	4.0	4.0	-33.3%	0.0%
Tomato	1 KG	9.0	9.0	18.0	32.0	55.0	82.5	Unav	10.0	13.0	44.4%	30.0%
Potato	1 KG	8.0	30.0	48.0	35.0	Unav	Unav	Unav	5.0	4.0	-50.0%	-20.0%
Cucumber	1 KG	10.0	12.0	18.0	25.0	48.5	85.0	40.0	8.5	9.0	-10.0%	5.9%
Eggplant	1 KG	11.5	20.0	24.0	25.0	30.0	40.0	15.0	7.0	8.5	-26.1%	21.4%
Animal products												
Yogurt	1 KG	18.8	Unav	Unav	24.0	Unav	Unav	Unav	Unav	40.0	112.8%	N/A
Egg	6 un	6.0	8.6	Unav	Unav	Unav	Unav	Unav	1.3	0.8	-86.7%	-36.0%
Milk (liquid)	1 L	9.0	10.0	15.0	Unav	Unav	Unav	18.0	Unav	11.0	22.2%	N/A
Milk (powder) - New	500 gm							40.0	22.5	28.1	N/A	25.0%
Canned tuna	160 gm	2.0	3.0	7.0	14.0	Unav	Unav	7.0	4.0	2.0	0.0%	-50.0%
Red & White meat												
Chicken meat	1 KG	20.0	Unav	Unav	Unav	Unav	Unav	Unav	25.0	22.0	10.0%	-12.0%
Beef meat	1 KG	45.0	Unav	Unav	Unav	Unav	Unav	Unav	55.0	40.0	-11.1%	-27.3%
Sheep meat	1 KG	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav
Turkey meat	1 KG	16.5	Unav	Unav	Unav	Unav	Unav	Unav	26.5	15.0	-9.1%	-43.4%
Condiments												
Salt	1 KG	2.0	8.0	14.0	25.0	15.0	12.0	8.0	4.0	3.0	50.0%	-25.0%
Sugar	1 KG	6.0	8.0	30.0	75.0	Unav	Unav	14.0	4.0	4.5	-25.0%	12.5%
Vegetable oil	1 L	10.0	11.0	40.0	70.0	60.0	Unav	23.0	7.0	7.0	-30.0%	0.0%
Grains												
Rice	1 KG	8.0	10.0	15.0	22.0	47.5	Unav	8.0	3.0	6.0	-25.0%	100.0%
Flour	1 KG	1.4	1.8	6.8	55.0	36.5	63.0	10.0	1.8	0.6	-57.1%	-65.9%
Nuts and legumes												
Lentils	1 KG	1.5	2.0	5.0	15.0	30.0	80.0	6.0	1.5	6.5	333.3%	333.3%
White beans	1 KG	6.5	7.0	12.0	23.0	35.0	50.0	8.0	7.0	6.0	-7.7%	-14.3%
Chickpeas	1 KG	3.5	5.0	13.0	25.0	35.0	Unav	8.0	7.0	7.0	100.0%	0.0%
Canned fava bean	380 gm	1.0	3.0	4.8	10.0	Unav	Unav	8.0	3.0	2.0	100.0%	-33.3%
Canned beans	380 gm	0.5	1.0	2.0	3.5	6.7	9.5	3.0	0.5	0.5	0.0%	0.0%
Hygiene items												
Dishwashing liquid soap	1 L	10.0	14.3	18.0	16.0	15.0	18.0	30.0	10.0	11.3	13.3%	13.3%
Bar soap	150 gm	3.0	5.0	5.0	8.0	10.0	18.0	5.0	4.0	3.0	0.0%	-25.0%
Toothpaste	100 ml	4.5	2.0	7.0	5.0	7.0	7.0	10.0	6.0	8.0	77.8%	33.3%
Toothbrush	1 un	1.0	2.0	2.0	2.0	2.0	3.0	2.0	2.0	1.0	0.0%	-50.0%
Sanitary pad	1 un	0.3	0.3	0.6	0.6	0.6	0.8	1.0	0.5	0.4	37.4%	-23.1%
Toilet paper	1 un	2.0	3.0	5.0	5.5	17.0	15.0	8.0	2.0	2.0	0.0%	0.0%
Baby diaper	1 un	1.0	1.2	2.1	2.7	8.0	13.0	5.0	0.7	0.8	-20.0%	20.0%
Hand sanitizer	500 ml	4.6	5.0	5.0	11.4	Unav	Unav	Unav	Unav	Unav	Unav	Unav
Shampo	400 ml	10.0	15.0	20.0	20.0	35.0	40.0	30.0	10.0	10.0	0.0%	0.0%

North Gaza Governorate												
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		Median Prices in ILS									Percentage %	
Detergent	1 L	15.0	Unav	27.5	15.0	17.0	22.5	35.0	12.0	18.0	20.0%	50.0%
WASH												
Chlorine	1 L	8.5	15.0	20.0	22.5	15.0	17.0	12.5	6.3	15.0	76.5%	140.0%
Jerry cans	1 pcs							30.0	Unav	Unav	Unav	Unav
Bottled water	1 L								5.0	3.3	N/A	-33.3%
Buckets	1 pcs							35.0	Unav	Unav	Unav	Unav
Shelter items												
Blanket	1 un	25.0	15.0	Unav	Unav	Unav	Unav	Unav	20.0	70.0	180.0%	250.0%
Mattress	1 un	50.0	30.0	80.0	70.0	Unav	Unav	75.0	150.0	80.0	60.0%	-46.7%
Winterization												
Winter boots	1 un	50.0	60.0	Unav	Unav	Unav	Unav	Unav	Unav	140.0	180.0%	N/A
Winter thick socks	1 Pair	4.0	2.5	Unav	Unav	Unav	Unav	Unav	3.0	3.0	-25.0%	0.0%
Clothing												
Shoes	1 Pair					45.0	Unav	150.0	80.0	90.0	N/A	12.5%
headscarf	1 un								22.5	20.0	N/A	-11.1%
Slippers	1 Pair							150.0	35.0	30.0	N/A	-14.3%
Infant and baby suits	1 un								50.0	50.0	N/A	0.0%
Pharmacy												
Antiseptic iodine	60 ml	6.0	6.0	Unav	10.0	Unav	Unav	7.5	10.0	10.0	66.7%	0.0%
Trufan	12 un	10.0	12.0	12.0	15.0	Unav	15.0	24.0	9.0	9.0	-10.0%	0.0%
Energy												
Firewood	1 KG	Unav	Unav	3.0	3.5	6.0	7.0	7.0	5.0	6.0	N/A	20.0%
Coal	1 KG	17.5	18.0	Unav	Unav	Unav	Unav	Unav	Unav	18.0	2.9%	N/A
Gas	1 KG	47.5	Unav	Unav	Unav	Unav	Unav	Unav	90.0	Unav	Unav	Unav
Diesel	1 L	22.0	Unav	Unav	Unav	39.0	45.0	100.0	Unav	35.0	59.1%	N/A
Gasoline	1 L	120.0	Unav	Unav	Unav	Unav	80.0	Unav	Unav	Unav	Unav	Unav
Telecommunications												
100 mb internet cards	100 mb prepaid card	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	5.0	N/A	N/A
Internet cards	1 Hour	1.0	1.5	0.3	0.6	0.1	0.1	0.1	0.2	1.0	0.0%	400.0%
10 shekels prepaids	10 ILS prepaid Card	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	0.0%	0.0%

Gaza Governorate															
Items	Unit	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	Dec-25	Jan-26	% Change: Feb 2025 and Jan 2026	% Change: Dec 2025 and Jan 2026
		Median Prices in ILS												Percentage %	
Vegetable basket															
Onion	**1 KG**	5.0	10.0	22.0	60.0	Unav	120.0	60.0	60.0	10.0	5.0	3.0	3.5	**-30.0%**	**16.7%**
Tomato	**1 KG**	7.0	10.0	16.5	30.0	55.0	85.0	65.0	80.0	25.0	6.0	10.0	12.0	**71.4%**	**20.0%**
Potato	**1 KG**	7.0	25.0	45.0	31.5	Unav	52.5	25.0	25.0	10.0	5.0	4.0	3.0	**-57.1%**	**-25.0%**
Cucumber	**1 KG**	8.0	10.0	17.0	22.5	45.0	80.0	45.0	30.0	15.0	10.0	8.0	7.0	**-12.5%**	**-12.5%**
Eggplant	**1 KG**	10.0	20.0	25.0	25.0	30.0	40.0	15.0	15.0	20.0	10.0	7.0	10.0	**0.0%**	**42.9%**
Animal products															
Yogurt	**1 KG**	20.0	20.0	Unav	Unav	Unav	Unav	Unav	Unav	Unav	27.0	25.7	20.0	**0.0%**	**-22.1%**
Egg	**6 un**	5.0	7.0	Unav	63.0	Unav	Unav	90.0	Unav	Unav	24.0	6.0	0.7	**-85.3%**	**-87.8%**
Milk (liquid)	**1 L**	10.0	10.0	13.5	Unav	Unav	Unav	16.5	15.0	10.0	8.0	8.0	8.0	**-20.0%**	**0.0%**
Milk (powder)	**500 gm**	Unav	Unav	66.0	Unav	75.0	Unav	40.0	40.0	25.0	25.0	25.0	25.0	**N/A**	**0.0%**
Canned tuna	**160 gm**	2.0	2.0	8.0	15.0	22.9	30.0	7.0	8.0	5.0	4.0	4.0	3.4	**71.4%**	**-14.3%**
Red & White meat															
Chicken meat	**1 KG**	20.0	Unav	Unav	Unav	Unav	Unav	130.0	Unav	70.0	55.0	24.5	22.0	**10.0%**	**-10.2%**
Beef meat	**1 KG**	50.0	Unav	Unav	Unav	Unav	Unav	Unav	Unav	100.0	60.0	55.0	40.0	**-20.0%**	**-27.3%**
Sheep meat	**1 KG**	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	**Unav**	**Unav**
Turkey meat	**1 KG**	33.0	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	25.0	**-24.2%**	**N/A**
Condiments															
Salt	**1 KG**	2.0	2.0	9.0	18.0	15.0	10.0	9.0	5.0	10.0	6.0	4.0	4.0	**100.0%**	**0.0%**
Sugar	**1 KG**	6.0	7.0	25.0	70.0	280.0	500.0	13.0	13.0	5.0	5.0	4.0	5.0	**-16.7%**	**25.0%**
Vegetable oil	**1 L**	9.0	12.0	35.0	67.5	60.0	90.0	22.0	20.0	8.0	8.5	7.0	7.0	**-22.2%**	**0.0%**
Grains															
Rice	**1 KG**	4.0	5.0	10.0	22.5	45.0	85.0	10.0	8.0	8.0	5.0	6.0	7.0	**75.0%**	**16.7%**
Flour	**1 KG**	1.4	Unav	5.2	40.0	38.0	75.0	10.0	8.0	8.0	5.0	1.6	1.0	**-28.6%**	**-37.5%**
Nuts and legumes															
Lentils	**1 KG**	1.0	1.0	6.0	15.0	30.0	65.0	7.0	6.0	5.0	5.5	7.0	4.0	**300.0%**	**-42.9%**
White beans	**1 KG**	4.0	5.0	12.0	21.5	7.5	50.0	11.0	9.5	7.0	9.0	7.0	5.0	**25.0%**	**-28.6%**
Chickpeas	**1 KG**	5.0	5.0	15.0	25.0	35.0	65.0	8.0	13.0	6.5	10.0	7.0	7.0	**40.0%**	**0.0%**
Canned fava bean	**380 gm**	1.0	2.0	5.0	8.0	19.0	35.0	9.0	10.0	3.0	3.0	2.5	2.0	**100.0%**	**-20.0%**
Canned beans	**380 gm**	0.1	0.2	3.0	5.0	7.5	11.4	3.0	3.0	2.0	1.0	0.5	0.3	**200.0%**	**-40.0%**
Hygiene items															

Gaza Governorate															
Items	Unit	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	Dec-25	Jan-26	% Change: Feb 2025 and Jan 2026	% Change: Dec 2025 and Jan 2026
		Median Prices in ILS												Percentage %	
Dishwashing liquid soap	1 L	10.0	10.0	33.3	15.0	15.0	15.0	30.0	25.0	11.0	13.0	11.7	8.7	-13.3%	-25.7%
Bar soap	150 ml	1.0	1.0	9.0	3.0	12.0	17.0	7.0	10.0	4.0	4.0	4.0	3.8	275.0%	-6.3%
Toothpaste	100 ml	4.0	5.0	10.0	5.0	6.0	6.0	10.0	8.0	5.0	5.5	5.0	5.0	25.0%	0.0%
Toothbrush	1 un	1.0	1.0	2.0	1.0	2.0	2.0	2.0	2.0	2.0	1.5	1.0	1.0	0.0%	0.0%
Sanitary pad	1 un	0.2	0.1	0.6	0.5	0.6	0.8	0.9	1.1	0.8	0.6	0.5	0.4	150.0%	-25.0%
Toilet paper	1 un	2.0	2.0	4.0	8.0	15.0	15.0	10.0	13.0	2.0	1.8	2.0	1.5	-25.0%	-25.0%
Baby diaper	1 un	0.9	0.8	1.3	2.1	9.0	15.0	7.0	7.0	1.0	1.0	0.5	0.5	-43.8%	0.0%
Hand sanitizer	500 ml	8.0	7.0	5.0	15.0	17.0	20.0	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav
Shampo	400 ml	15.0	15.0	17.1	20.0	35.0	40.0	53.0	70.0	12.0	12.0	8.0	8.0	-46.7%	0.0%
Detergent	1 L	15.0	15.0	18.0	16.5	20.0	16.0	25.0	20.0	15.0	17.0	17.0	10.0	-33.3%	-41.2%
WASH															
Chlorine	1 L	5.0	4.0	15.0	15.0	15.0	15.0	10.0	15.0	8.0	10.0	6.0	15.0	200.0%	150.0%
Jerry cans	1 pcs					50.0	45.0	72.5	40.0	60.0	50.0	Unav	Unav	Unav	Unav
Bottled water	1 L					10.0	10.0	10.0	10.0	5.0	4.0	2.0	2.0	N/A	0.0%
Buckets	1 pcs					37.5	40.0	35.0	40.0	40.0	45.0	Unav	15.0	N/A	N/A
Shelter items															
Blanket	1 un	25.0	Unav	Unav	Unav	30.0	Unav	50.0	80.0	Unav	Unav	25.0	45.0	80.0%	80.0%
Mattress	1 un	50.0	Unav	Unav	Unav	70.0	Unav	100.0	160.0	Unav	Unav	80.0	85.0	70.0%	6.3%
Winterization															
Winter boots	1 un	145.0	140.0	55.0	65.0	Unav					400.0	200.0	170.0	17.2%	-15.0%
Winter thick socks	1 Pair	4.5	3.0	2.5	5.0	Unav					4.5	5.0	3.0	-33.3%	-40.0%
Clothing															
Shoes	1 Pair					80.0	100.0	110.0	180.0	195.0	80.0	80.0	80.0	N/A	0.0%
headscarf	1 un					20.0	20.0	15.0	20.0	15.0	15.0	10.0	10.0	N/A	0.0%
Slippers	1 Pair					30.0	35.0	35.0	80.0	35.0	35.0	22.5	20.0	N/A	-11.1%
Infant and baby suits	1 un					50.0	30.0	15.0	90.0	30.0	50.0	35.0	25.0	N/A	-28.6%
Pharmacy															
Antiseptic iodine	60 ml	5.0	6.0	10.0	9.0	8.0	10.0	6.0	8.0	6.0	2.0	5.0	5.0	0.0%	0.0%
Trufen	12 un	12.0	12.0	12.0	9.8	20.4	12.0	18.0	18.0	18.0	18.0	24.0	24.0	100.0%	0.0%
Energy															
Firewood	1 KG	3.0	3.0	3.0	4.0	6.0	7.0	7.0	7.0	4.0	5.0	4.0	5.5	83.3%	37.5%

Gaza Governorate															
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		Median Prices in ILS												Percentage %	
Coal	1 KG	15.0	17.0	22.5	22.5	25.0	25.0	20.0	20.0	17.0	35.0	12.0	10.0	-33.3%	-16.7%
Gas	1 KG	40.0	Unav	Unav	Unav	Unav	Unav	Unav	Unav	80.0	Unav	85.0	77.5	93.8%	-8.8%
Diesel	1 L	23.0	40.0	43.5	66.5	72.5	120.0	90.0	80.0	35.0	47.5	46.0	35.0	52.2%	-23.9%
Gasoline	1 L	Unav	Unav	60.0	55.0	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav
Telecommunications															
100 mb internet cards	100 mb prepaid card	6.0	5.0	5.0	5.0	5.0	5.0	Unav	5.0	5.0	5.0	5.0	5.0	-16.7%	0.0%
Internet cards	1 Hour	0.1	0.1	0.3	0.3	0.2	0.1	0.3	0.3	0.3	0.3	0.3	0.3	212.5%	0.0%
10 shekels prepaids	10 ILS prepaid Card	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	0.0%	0.0%

Deir Al-Balah Governorate															
Items	UNIT	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	Dec-25	Jan-26	% Change: Feb 2025 and Jan 2026	% Change: Dec 2025 and Jan 2026
		Median Prices in ILS												Percentage %	
Vegetable basket															
Onion	1 KG	5.0	10.0	23.0	60.0	Unav	140.0	60.0	40.0	10.0	4.0	3.0	4.0	-20.0%	33.3%
Tomato	1 KG	7.0	8.0	17.0	30.5	55.0	90.0	80.0	60.0	25.0	10.0	12.0	12.0	71.4%	0.0%
Potato	1 KG	7.8	27.5	50.0	36.0	Unav	60.0	23.5	20.0	11.0	4.0	4.0	3.0	-61.3%	-25.0%
Cucumber	1 KG	8.0	12.0	18.0	23.0	55.0	80.0	50.0	30.0	12.0	10.0	8.0	7.0	-12.5%	-12.5%
Eggplant	1 KG	11.0	20.0	24.5	24.5	30.0	40.0	12.0	15.0	15.0	10.0	7.0	6.0	-45.5%	-14.3%
Animal products															
Yogurt	1 KG	20.0	17.6	20.0	Unav	Unav	Unav	50.0	Unav	Unav	29.4	19.3	33.3	66.7%	72.4%
Egg	1 un	5.0	10.0	Unav	Unav	Unav	Unav	Unav	Unav	Unav	18.0	6.0	4.2	-16.0%	-30.0%
Milk (liquid)	1 L	10.0	10.0	15.0	Unav	Unav	Unav	45.0	15.0	10.0	10.0	8.0	8.0	-20.0%	0.0%
Milk (powder)	500 gm							60.5	43.8	18.0	21.3	18.8	16.9	N/A	-10.0%
Canned tuna	160 gm	2.3	2.3	5.7	13.2	30.0	Unav	9.1	6.9	5.0	4.6	5.0	3.0	31.0%	-40.0%
Red & White meat															
Chicken meat	1 KG	20.0	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	60.0	26.0	21.0	5.0%	-19.2%
Beef meat	1 KG	39.0	Unav	Unav	Unav	Unav	Unav	Unav	Unav	170.0	60.0	50.0	38.0	-2.6%	-24.0%
Sheep meat	1 KG	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	120.0	Unav	Unav	Unav	Unav
Turkey meat	1 KG	20.5	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	23.0	26.5	29.3%	15.2%
Condiments															
Salt	1 KG	4.0	4.0	14.5	20.0	10.0	10.0	5.0	5.0	4.0	5.0	3.0	3.0	-25.0%	0.0%
Sugar	1 KG	6.0	7.0	27.5	82.5	300.0	400.0	13.0	12.0	5.0	4.3	4.0	5.0	-16.7%	25.0%
Vegetable oil	1 L	9.0	10.0	30.0	65.0	60.0	75.0	25.0	18.0	8.0	8.0	7.0	8.0	-11.1%	14.3%
Grains															
Rice	1 KG	10	10.0	24.0	17.5	50.0	80.0	18.0	16.0	10.0	8.0	9.0	3.0	-68.4%	-66.7%
Flour	1 KG	2	2.3	10.0	55.0	35.0	85.0	9.0	6.0	5.0	4.0	3.0	1.2	-25.0%	-60.0%
Nuts and legumes															
Lentils	1 KG	8	8.0	15.0	15.0	30.0	65.0	5.0	5.0	3.0	3.0	8.0	4.0	-50.0%	-50.0%
White beans	1 KG	6	7.0	11.0	22.5	30.0	60.0	10.0	6.0	10.0	10.0	8.0	5.0	-16.7%	-37.5%
Chickpeas	1 KG	5	5.0	10.0	26.0	35.0	60.0	10.0	8.0	10.0	8.0	7.5	6.0	20.0%	-20.0%
Canned fava bean	380 gm	1	1.9	3.4	7.0	14.3	25.0	10.0	9.5	2.9	2.9	2.9	2.0	110.5 %	-29.8%
Canned beans	380 gm	0	1.0	1.9	2.9	5.7	Unav	2.5	3.0	2.9	1.9	0.5	0.3	-29.7%	-32.5%

Deir Al-Balah Governorate															
Items	UNIT	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	Dec-25	Jan-26	% Change: Feb 2025 and Jan 2026	% Change: Dec 2025 and Jan 2026
		Median Prices in ILS												Percentage %	
Hygiene items															
Dishwashing liquid soap	1 L	12	16.7	31.5	20.0	20.0	15.0	18.0	92.3	19.2	16.1	12.0	11.3	-3.1%	-5.8%
Bar soap	150 ml	5	6.0	7.0	10.0	20.0	25.0	30.0	15.0	6.0	5.0	4.1	3.0	-37.5%	-26.7%
Toothpaste	100 ml	6	6.0	5.5	11.0	12.0	12.0	12.0	10.0	8.0	8.3	6.7	8.0	35.2%	20.0%
Toothbrush	1 un	2	2.0	2.0	3.0	3.0	3.0	3.0	3.0	2.0	2.0	2.5	2.0	0.0%	-20.0%
Sanitary pad	1 un	1	0.4	0.7	0.6	0.8	0.8	1.3	1.5	0.8	0.6	0.6	0.4	-30.0%	-25.0%
Toilet paper	1 un	5	5.0	12.0	10.0	15.0	18.0	15.0	17.0	2.8	3.0	2.3	1.3	-75.0%	-44.4%
Baby diaper	1 un	1	0.8	1.0	2.3	7.0	12.0	7.0	6.0	1.3	0.7	0.5	0.8	32.3%	66.7%
Hand sanitizer	500 ml	25	15.0	10.0	15.0	20.0	12.5	25.0	Unav	Unav	15.0	12.5	Unav	Unav	Unav
Shampo	400 ml	10	10.0	19.5	37.5	60.0	85.0	57.9	38.6	7.4	5.7	12.0	10.0	0.0%	-16.7%
Detergent	1 L	16	17.2	16.7	20.0	15.0	15.0	20.0	20.0	25.0	Unav	14.4	11.0	-30.1%	-23.6%
WASH															
Chlorine	1 L	15	15.0	20.0	15.0	15.0	10.0	15.0	17.5	13.5	8.8	10.0	11.5	-23.3%	15.0%
Jerry cans	1 pcs							80.0	35.0	60.0	40.0	20.0	20.0	N/A	0.0%
Bottled water	1 L							10.0	10.0	4.0	4.0	2.7	3.3	N/A	25.0%
Buckets	1 pcs							35.0	Unav	45.0	45.0	30.0	20.0	N/A	-33.3%
Shelter items															
Blanket	1 un	27	30.0	20.0	25.0	40.0	Unav	47.5	100.0	120.0	100.0	50.0	40.0	50.9%	-20.0%
Mattress	1 un	70	Unav	60.0	85.0	Unav	100.0	Unav	150.0	120.0	120.0	90.0	90.0	28.6%	0.0%
Winterization															
Winter boots	1 un	50	500	Unav	Unav	Unav					155	125	130	160.0%	4.0%
Winter thick socks	1 Pair	2	Unav	Unav	Unav	Unav					5	5	5	233.3%	0.0%
Clothing															
Shoes	1 Pair					100.0	100.0	100.0	150.0	130.0	100.0	80.0	82.5	N/A	3.1%
headscarf	1 un					15.0	17.5	20.0	25.0	20.0	20.0	20.0	17.5	N/A	-12.5%
Slippers	1 Pair					45.0	50.0	50.0	50.0	60.0	35.0	27.0	20.0	N/A	-25.9%
Infant and baby suits	1 un					40.0	30.0	35.0	45.0	50.0	30.0	32.5	42.5	N/A	30.8%
Pharmacy															
Antiseptic iodine	60 ml	5	6.0	5.5	6.5	5.5	6.0	8.0	8.6	6.0	1.0	5.0	5.0	0.0%	0.0%

Deir Al-Balah Governorate

Items	UNIT	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	Dec-25	Jan-26	% Change: Feb 2025 and Jan 2026	% Change: Dec 2025 and Jan 2026
		Median Prices in ILS												Percentage %	
Trufen	**12 un**	7	8.4	8.4	12.0	12.0	7.2	12.0	12.0	12.0	12.0	12.0	12.0	**66.7%**	**0.0%**
Energy															
Firewood	**1 KG**	2	2.0	3.5	4.0	7.0	7.0	8.0	8.0	6.0	6.0	6.0	5.0	**185.7 %**	**-16.7%**
Coal	**1 KG**	18	20.0	20.0	Unav	Unav	Unav	30.0	30.0	35.0	30.0	10.0	10.0	**-44.4%**	**0.0%**
Gas	**1 KG**	8	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	90.0	Unav	**Unav**	**Unav**
Diesel	**1 L**	20	Unav	44.0	40.0	50.0	60.0	50.0	60.0	32.5	35.0	40.0	38.0	**90.0%**	**-5.0%**
Gasoline	**1 L**	Unav	Unav	Unav	80.0	110.0	120.0	120.0	150.0	Unav	Unav	75.0	90.0	**N/A**	**20.0%**
Telecommunications															
100 mb internet cards	**100 mb prepaid card**	20	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	**Unav**	**Unav**
Internet cards	**1 Hour**	0.3	0.1	0.8	0.3	0.2	0.2	0.1	0.2	0.2	0.2	0.2	0.2	**-33.3%**	**0.0%**
10 shekels prepaids	**10 ILS prepaid Card**	10	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	10.0	**0.0%**	**0.0%**

Khan Younis Governorate

Items	UNIT	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	Dec-25	Jan-26	% Change: Feb 2025 and Jan 2026	% Change: Dec 2025 and Jan 2026
		Median Prices in ILS												Percentage %	
Vegetable basket															
Onion	**1 KG**	5.0	10.0	20.0	60.0	Unav	150.0	60.0	45.0	10.0	4.5	3.0	3.3	**-34.0%**	**10.0%**
Tomato	**1 KG**	7.0	10.0	16.0	30.0	55.0	95.0	100.0	50.0	16.5	9.0	11.0	12.0	**71.4%**	**9.1%**
Potato	**1 KG**	8.0	30.0	45.0	35.0	85.0	45.0	22.5	20.0	10.0	4.0	4.0	3.3	**-58.8%**	**-17.5%**
Cucumber	**1 KG**	7.0	12.0	17.0	24.0	48.0	70.0	45.0	28.0	11.5	10.0	9.0	7.0	**0.0%**	**-22.2%**
Eggplant	**1 KG**	10.5	20.0	23.0	25.0	30.0	42.0	15.0	15.0	17.0	10.0	7.0	8.0	**-23.8%**	**14.3%**
Animal products															
Yogurt	**1 KG**	20.0	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	31.7	22.5	32.0	**60.0%**	**42.2%**
Egg	**6 un**	4.7	8.0	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	6.0	0.8	**-83.7%**	**-87.2%**
Milk (liquid)	**1 L**	10.0	10.0	Unav	Unav	Unav	Unav	90.0	13.0	10.0	12.0	8.0	9.0	**-10.0%**	**12.5%**
Milk (powder) - New	**500 gm**					70.0	Unav	52.1	43.8	22.0	23.5	22.5	28.6	**N/A**	**27.0%**

Khan Younis Governorate															
Items	UNIT	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	Dec-25	Jan-26	% Change: Feb 2025 and Jan 2026	% Change: Dec 2025 and Jan 2026
		Median Prices in ILS												Percentage %	
Canned tuna	160 gm	1.0	1.0	4.0	10.0	15.0	Unav	9.0	7.0	5.0	4.0	4.0	4.0	300.0%	0.0%
Red & White meat															
Chicken meat	1 KG	23.0	Unav	Unav	Unav	Unav	Unav	130.0	Unav	71.0	55.0	28.0	22.0	-4.3%	-21.4%
Beef meat	1 KG	40.0	Unav	Unav	Unav	Unav	Unav	Unav	Unav	78.0	60.0	50.0	40.0	0.0%	-20.0%
Sheep meat	1 KG	46.0	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav
Turkey meat	1 KG	33.0	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	25.0	32.0	-3.0%	28.0%
Condiments															
Salt	1 KG	3.5	5.0	10.0	20.0	8.0	5.0	4.0	2.0	3.0	3.0	3.0	4.0	14.3%	33.3%
Sugar	1 KG	6.0	8.0	25.0	88.0	320.0	Unav	14.0	13.0	5.0	5.0	4.0	5.0	-16.7%	25.0%
Vegetable oil	1 L	8.0	12.0	30.0	55.0	53.0	65.0	22.0	18.0	9.3	8.0	8.0	7.5	-6.3%	-6.3%
Grains															
Rice	1 KG	9.0	10.0	15.0	20.0	45.0	70.0	15.0	13.0	10.0	8.0	5.0	8.0	-11.1%	60.0%
Flour	1 KG	1.8	2.2	8.0	Unav	30.0	75.0	9.2	4.9	4.0	4.8	2.0	1.0	-44.4%	-50.0%
Nuts and legumes															
Lentils	1 KG	7.5	10.0	6.0	13.5	30.0	50.0	5.0	5.0	10.0	3.5	2.0	1.0	-86.7%	-50.0%
White beans	1 KG	5.0	8.0	12.0	20.0	28.0	25.0	8.0	10.0	8.0	5.0	4.0	5.0	0.0%	25.0%
Chickpeas	1 KG	4.0	7.0	10.0	23.0	30.0	45.0	7.0	6.5	10.0	6.0	5.0	6.0	50.0%	20.0%
Canned fava bean	380 gm	1.0	1.0	3.5	5.0	10.0	20.0	9.5	9.5	20.5	2.5	2.3	2.3	125.0%	0.0%
Canned beans	380 gm	0.5	0.5	1.5	3.0	7.0	6.0	3.0	3.0	2.0	1.9	0.1	0.7	45.0%	407.5%
Hygiene items															
Dishwashing liquid soap	1 L	11.7	11.7	33.3	20.0	25.0	25.0	20.0	16.0	20.0	14.3	11.5	9.7	-17.2%	-15.9%
Bar soap	150 ml	4.0	4.0	9.0	15.0	25.0	18.0	17.4	10.0	5.0	5.0	4.5	4.0	0.0%	-11.1%
Toothpaste	100 ml	5.0	7.0	10.0	7.0	10.0	10.0	10.0	10.0	10.0	9.0	10.0	7.0	40.0%	-30.0%
Toothbrush	1 un	2.0	2.0	2.0	2.0	2.5	3.0	2.0	3.0	3.0	2.0	2.0	2.0	0.0%	0.0%
Sanitary pad	1 un	0.3	0.5	0.6	0.6	1.0	0.8	0.9	0.8	0.8	0.8	0.6	0.4	45.7%	-23.0%
Toilet paper	1 un	5.5	5.0	4.0	7.0	17.8	20.0	8.0	10.0	3.0	2.0	4.0	2.0	-63.6%	-50.0%
Baby diaper	1 un	0.9	0.9	1.3	2.3	6.3	10.0	5.8	5.0	1.0	0.9	0.7	0.6	-30.6%	-5.7%
Hand sanitizer	500 ml	5.0	5.0	5.0	11.5	18.0	15.0	17.5	10.0	10.0	8.5	8.0	7.0	40.0%	-12.5%
Shampo	400 ml	15.0	22.9	17.1	18.0	40.0	15.0	25.0	34.6	9.5	8.6	11.7	11.1	-25.9%	-5.1%
Detergent	1 L	15.9	12.5	18.0	22.0	25.0	30.0	22.5	16.0	10.0	30.0	20.0	10.0	-37.3%	-50.0%
WASH															
Chlorine	1 L	14.0	15.0	15.0	20.0	15.0	20.0	20.0	18.0	Unav	15.8	7.5	6.3	-55.4%	-16.7%
Jerry cans	1 pcs							100.0	40.0	Unav	100.0	Unav	20.0	N/A	N/A
Bottled water	1 L							Unav	Unav	4.0	5.0	4.0	2.7	N/A	-33.3%
Buckets	1 pcs							42.5	42.5	Unav	45.0	25.0	20.0	N/A	-20.0%
Shelter items															
Blanket	1 un	60	Unav	45	Unav	Unav	Unav	Unav	60	75	95	90	53	-12.5%	-41.7%

Khan Younis Governorate															
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		Median Prices in ILS												Percentage %	
Mattress	**1 un**	60	Unav	70	65	Unav	100	Unav	Unav	125	120	120	110	**83.3%**	**-8.3%**
Winterization															
Winter boots	**1 un**	80.0	80.0	100.0	30.0	Unav					90.0	110.0	90.0	**12.5%**	**-18.2%**
Winter thick socks	**1 Pair**	2.0	2.0	80.0	5.0	Unav					5.0	4.0	3.0	**50.0%**	**-25.0%**
Clothing															
Shoes	**1 Pair**					70.0	55.0	55.0	70.0	70.0	60.0	60.0	50.0	**N/A**	**-16.7%**
headscarf	**1 un**					20.0	25.0	20.0	20.0	22.0	25.0	25.0	20.0	**N/A**	**-20.0%**
Slippers	**1 Pair**					20.0	30.0	30.0	42.5	50.0	28.0	25.0	15.0	**N/A**	**-40.0%**
Infant and baby suits	**1 un**					30.0	40.0	25.0	30.0	40.0	40.0	30.0	35.0	**N/A**	**16.7%**
Pharmacy															
Antiseptic iodine	**60 ml**	4.6	5.0	4.0	5.0	5.0	6.0	7.5	7.5	6.5	1.5	5.0	7.5	**63.0%**	**50.0%**
Trufen	**12 un**	10.8	6.0	8.4	12.0	16.2	12.0	2.0	1.9	1.7	7.5	12.0	12.0	**11.1%**	**0.0%**
Energy															
Firewood	**1 KG**	2.9	Unav	5.0	5.0	8.0	8.0	8.0	7.8	6.0	5.0	5.8	6.0	**106.9%**	**4.3%**
Coal	**1 KG**	17.0	20.0	Unav	Unav	Unav	Unav	Unav	Unav	Unav	Unav	11.5	12.0	**-29.4%**	**4.3%**
Gas	**1 KG**	38.5	Unav	Unav	Unav	Unav	Unav	Unav	Unav	105.0	100.0	100.0	75.0	**94.8%**	**-25.0%**
Diesel	**1 L**	20.0	Unav	45.0	Unav	80.0	Unav	100.0	80.0	35.0	50.0	55.0	37.5	**87.5%**	**-31.8%**
Gasoline	**1 L**	90.0	Unav	Unav	Unav	100.0	Unav	120.0	150.0	115.0	Unav	120.0	80.0	**-11.1%**	**-33.3%**
Telecommunications															
100 mb internet cards	**100 mb prepaid card**	15.0	15.0	Unav	Unav	Unav	Unav	Unav	Unav	5.0	Unav	Unav	Unav	**Unav**	**Unav**
Internet cards	**1 Hour**	Unav	Unav	0.2	0.1	0.3	0.3	0.3	0.3	0.3	0.2	0.2	0.3	**N/A**	**16.7%**